

COVID-19 Substance Use Disorder Resources

This resource guide was created by the Division of Behavioral Health at the Idaho Department of Health and Welfare. The mission of the Division of Behavioral Health is to provide services of the highest quality by working together to inspire hope, recovery, and resilience in the lives of Idahoans living with behavioral health disorders and their families. The division is the second largest healthcare payer in Idaho and provides healthcare and services to promote an outcome-based, efficient health and human services delivery system.

<u>Idaho and National Resources</u>

BPA

Tobacco Cessation

Alcoholics Anonymous

Narcotics Anonymous

Rehab Spot

Regional Resources

Region 1

Region 2

Region 3

Region 4

Region 5

Region 6

Region 7



Idaho and National Resources

BPA

Call 1-800-922-3406 to complete telephone screening for eligibility options. If you qualify, you will be given referrals for providers to choose from (you can also search for providers here: https://www.bpahealth.com/sud-search/). Crisis counseling is also available at the phone number listed above. Additional funding is being provided for respite care through BPA at this time!

Tobacco Cessation

Free telephone counseling option: 1-800-784-8669 (Spanish, deaf, and hard of hearing services available)

Alcoholics Anonymous

Meeting information:

- Area 18 covers Idaho south of the Salmon River (MST):
 https://idahoarea18aa.org/meetings
 (Please call the local answer service to determine how the groups are being provided: https://idahoarea18aa.org/contact-information)
- Area 92 covers Idaho north of the Salmon River (PST): http://area92aa.org/ (Please call the local answer service to determine how the groups are being provided: (Please call the local answer service to determine how the groups are being provided: http://area92aa.org/contact-us/)

Narcotics Anonymous

208-391-3823

Rehab Spot

General information about various types of addiction treatment, ability to speak with an expert via phone or chat to answer questions- https://www.rehabspot.com/covid-19/



Regional Resources

Region 1

Restored Paths (intensive outpatient program)

Coeur d'Alene, ID 208-664-8347

Ambitions (intensive outpatient program)

Coeur d'Alene, ID 208-930-1740

Port of Hope (intensive outpatient program)

Coeur d'Alene, ID 208-664-3300

Kootenai Chemical Dependency (both inpatient and outpatient programs)

Coeur d'Alene, ID 208-625-4848

Rathdrum Counseling (intensive outpatient program)

Rathdrum, ID 208-687-0538

Tamarack Treatment and Counseling

Sandpoint, ID (208) 263-5551

Alternative Counseling and Rehab

Priest River, ID (208) 448-4855

Rawlings Community Counseling

Bonners Ferry, ID (208) 267-0900

Kaniksu Health Services

Ponderay, ID (208) 265-6252

Region 2

First Step 4 Life- Recovery Center

Lewiston, ID 208-717-3881

First Step 4 Life

Orofino, ID 208-476-1303

Riverside Recovery- SUDS Counseling/Groups

1720 18th Ave, Lewiston, ID

208-746-4097



Changepoint Behavioral Health

Lewiston, ID 208-750-1000

Ideal Option

Lewiston, ID 1-877-522-1275

Ideal Option

Pullman, WA 1-877-522-1275

Palouse Recovery Center

Pullman, WA 509-334-0718

Latah Recovery Center

Moscow, ID 208-883-1045

A to Z Counseling

Orofino, ID 208-476-7483

Region 3

Self-Rescue Manual: Substance Abuse Treatment (pg 24) https://img1.wsimg.com/blobby/go/503e1c1a-0003-4c9d-905b-9e3a2f8a2b73/downloads/Canyon%20County%20Self%20Rescue%20Manual%2003.03.2020.pdf?ver=1585593994419

- Inpatient options (detox, 28-day programs, residential)
- Outpatient options (IOP, classes, groups, etc.)
- Sober Living
- Shelters with substance use programs
- Self-pay/sliding scale



Region 4

Self-Rescue Manual: Substance Abuse Treatment (English, pg 27)https://img1.wsimg.com/blobby/go/503e1c1a-0003-4c9d-905b-9e3a2f8a2b73/downloads/Self%20Rescue%20Manual%20Shared%2003 30 2020.pdf.pdf? ver=1585593994419

Manual de Rescate Personal: Tratamiento para el Abuso de Ssustancias (Spanish, pg 36)-https://img1.wsimg.com/blobby/go/503e1c1a-0003-4c9d-905b-9e3a2f8a2b73/downloads/GOOD%20ONE%20Self%20Rescue%20Manual%20SPANISH.pdf?ver=1585593994419

- Inpatient options (detox, 28 day programs, residential)
- Outpatient options (IOP, classes, groups, etc)
- Sober Living
- Shelters with substance use programs
- Self-pay/sliding scale

Region 5

Preferred Child & Family Services

Burley, ID

Phone: 208-678-9114

Pro-Active Behavioral Health (Sliding Scale, IOP, Groups)

Burley, ID

Phone: 208-878-3423

Pro-Active Behavioral Health (Sliding Scale, IOP, Groups)

Gooding, ID

Phone: 208-934-5880

Walker Center (Inpatient Only)

Gooding, ID

Phone: 1-800-227-4190

KH Counseling & Health Center (Sliding Scale, Outpatient Substance Use, Groups,

Testing, GAIN Assessments)

Hailey, ID

Phone: 208-928-7507

Valley Community Counseling (Sliding Scale, IOP, GAIN Assessments, DUI Evaluations)

Jerome, ID

Phone: 208-595-2284

Crosspointe Family Services (GAIN Assessments, Sliding Fee Scale)

Twin Falls, ID

Phone: 208-736-7090

Preferred Child and Family Services

Twin Falls, ID

Phone: 208-733-7186



Pro-Active Behavioral Health (Sliding Scale, IOP, Groups)

Twin Falls, ID

Phone: 208-734-0407

Twin Falls Treatment & Recovery Clinic (\$20 Groups, IOP, Recovery Support Services: including Drug/Alcohol Screening, Life Skills Education, Guidance, Transportation and Case

Management) Twin Falls, ID

Phone: 208-735-4377

Walker Center (IOP, Relapse Prevention, MRT, DUI Classes, Case Management, GAIN

Assessment, DUI Evaluations, Drug Testing)

Twin Falls, ID

Phone: 1-866-287-2534

Region 6

Pacific Rim Consulting (Outpatient services)

Pocatello, ID 208-232-8840

Mental Wellness Center (Outpatient services)

Idaho Falls, ID 208-478-9081

Gateway Counseling (Outpatient services)

Pocatello, ID 208-242-3771

Redford Counseling (Outpatient services)

Pocatello, ID 208-242-3044

Bear Lake Memorial Counseling Services (Outpatient services)

Montpelier, ID 208-847-2108

A to Z Family Services (Outpatient services)

Soda Springs, ID 208-252-7816

Moonlight Mountain Recovery (Inpatient Treatment)

Pocatello, ID 208-505-9990

Youth Facilities

MK Place- Bannock Youth Foundation (Inpatient and Outpatient) Pocatello, ID 208-478-1333



Region 7

Stewards of Recovery

Lomax St, Idaho Falls, ID 208-932-4493 755

• Assessment, intensive outpatient, groups, trauma informed care, relapse prevention, family support/education, drug testing, court ordered classes, etc.

Center for Hope

530 E Anderson St, Idaho Falls, ID 208-538-1888,

• Socialization, education, and activities that support recovery